



## DBH Cultural Event Newsletter

Ed: Minette O'Bryan

# June is Gay & Lesbian Pride Month And Black Music Month



**JUNE 2007**

[http://www.ccp.edu/eeoaa/2007Cal/jun\\_s.htm](http://www.ccp.edu/eeoaa/2007Cal/jun_s.htm)  
<http://www.interfaithcalendar.org/2007.htm>  
<http://www3.kumc.edu/diversity/june.html>  
<http://www.healthfinder.gov/library/nho/nho.asp?year=2007#444>  
<http://www.iassw.org/calendar.htm>  
<http://www.eskimo.com/~recall/bleed/0617.htm>  
<http://www.123greetings.com/events/june2007.html>  
[http://casnov1.cas.muohio.edu/cawc/religious\\_info.html](http://casnov1.cas.muohio.edu/cawc/religious_info.html)  
<http://www.americanindiansource.com/kcalendar.html>  
<http://www.wheeloftheyear.com/>  
<http://www.butlerwebs.com/holidays/june.htm>  
<http://www.dom.com/about/education/culture/june.jsp>  
<http://www.earthcalendar.net/index.php>  
[http://en.wikipedia.org/wiki/List\\_of\\_holidays\\_by\\_country](http://en.wikipedia.org/wiki/List_of_holidays_by_country)  
<http://www.whatsonwhen.com/sisp/index.htm>

**Gay & Lesbian Pride Month.** On June 11, 1999, President Clinton issued a presidential proclamation designating June as Gay & Lesbian Pride Month. In that proclamation, the president said, "...Since our earliest days as a nation, Americans have strived to make real the ideals of equality & freedom so eloquently expressed in our Declaration of Independence & Constitution. We now have a rare opportunity to enter a new century & a new millennium as one country, living those principles, recognizing our common values, & building on our shared strengths. I encourage all Americans to observe this month with appropriate programs, ceremonies, & activities that celebrate our diversity, & to remember throughout the year the gay & lesbian Americans whose many & varied contributions have enriched our national life."

<http://www.interpride.org/>  
<http://www.planetout.com/specials/pride/>

## U.S. & INTERNATIONAL PRIDES 2007:

**Zurich Pride June 1-3, 2007**

<http://www.csdzurich.ch/>

**Fresno Pride June 2, 2007**

<http://www.fresnorainbowpride.com/>

**LA Pride June 8-10, 2007**

<http://www.lapride.org/>

**San Francisco Pride June 23-24, 2007**

<http://www.sfpride.org/>

**Pride London June 30, 2007**

<http://www.pridelondon.org/>

**EuroPride Madrid Jun 30-Jul 2, 2007**

<http://www.europride2007.com/>

**Monterey Pride July 13-14, 2007**

<http://www.montereypride.org/>

**San Diego Pride July 21-22, 2007**

<http://sandiegoprider.org/>

**Berlin Pride July 23, 2007**

<http://www.csd-berlin.de/>

**Marcha de Orgullo Nov 1-7, 2007**

<http://www.marchadelorgullo.org.ar/>

**Galway Gay Pride Aug 19-26, 2007**

<http://www.gaygalway.com/>

## Gay Pride FAQs

<http://www.planetout.com/content/quiz/?id=3951&navpath=topics/pride/>

▽ New York was the 1<sup>st</sup> U.S. city to hold the 1<sup>st</sup> Gay Pride parade on June 28, 1970.

The parade commemorated the first anniversary of the Stonewall riots.

▽ The current rainbow flag has six colors -- red, orange, yellow, green, blue & violet. The original rainbow flag created by Gilbert Baker in 1978, had 8 & the original design included hot pink & turquoise.

▽ The rainbow flag made its debut at the San Francisco Pride festival in 1978.

▽ The 1<sup>st</sup> mayor to ride in a Pride parade was George Moscone in San Francisco's Pride parade in 1978.

▽ In the community acronym "LGBTQ," the "q" stands for Questioning. The complete acronym stands for "Lesbian, Gay, Bisexual, Transgender, Questioning."

▽ Dykes on Bikes, the nickname used to describe the 1<sup>st</sup> contingent of motorcyclists in many Pride parades, is officially trademarked with the U.S. Patent & Trademark Office. A San Francisco nonprofit group was granted the trademark in December 2005.

▽ In 1980 the Democratic Party added gay rights to its political platform. An out lesbian delegate to the 1980

Democratic National Convention, Virginia Apuzzo, used her position to co-author the 1<sup>st</sup> gay civil rights party platform plank for a major political party in the United States.

▽ Paris Hilton was the straight woman who was the controversial grand marshal at last year's Pride event in Los Angeles. Some activists questioned her appropriateness for the post.

▽ WorldPride was postponed last year and will be held in August in Jerusalem, because the event coincided with the Israeli pullout from Gaza. WorldPride occurs every 5 years, but organizers believed it was important not to distract from or conflict with the sensitive Israeli disengagement.

▽ Yuri Luzhkov, a European mayor, earned a spot in the Human Rights Watch's "hall of shame" for banning the city's 1<sup>st</sup> Pride parade. Despite international pressure, the Moscow Mayor aims to prevent the city's 1<sup>st</sup> Pride parade, scheduled for May 27, 2006. Activists have vowed to march anyway.

### **Books**

A Different Light Bookstore

<http://www.adlbooks.com/index.cfm>

Queer Theory.com <http://www.queertheory.com/>

### **WGBH Honors Gay & Lesbian Pride Month**

June is Gay & Lesbian Pride Month, which recognizes the contributions of gay & lesbian Americans & raises awareness about the struggle against intolerance. WGBH is proud to mark the month with special programs.

In addition, many lectures and panel discussions on issues related to the gay & lesbian community have been recorded by WGBH & are available online as Webcasts at the [http://www.forum-network.org/wgbh/forum.php?lecture\\_id=190](http://www.forum-network.org/wgbh/forum.php?lecture_id=190).

### **National GLBT Advocacy Organizations:**

NGLTF

<http://www.nglftf.org/index.cfm>

The Lesbian, Gay, Bisexual & Transgender Community Center

<http://www.gaycenter.org/>

ACLU Lesbian & Gay Rights Project

<http://www.aclu.org>

Audre Lorde Project

<http://www.alp.org>

Bisexual Foundation

<http://www.bisexual.org/en/index.php>

Children of Lesbians & Gays Everywhere

<http://www.colage.org>

Dignity/USA

<http://www.dignityusa.org>

Equality Project

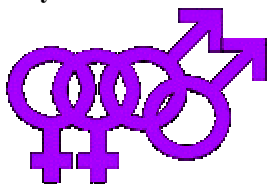
<http://www.equalityproject.org>

Family Pride Coalition

<http://www.familypride.org>

Gay & Lesbian Alliance Against Defamation

<http://www.glaad.org/>



Gay and Lesbian Medical Association

<http://www.glma.org>

Gay and Lesbian Victory Fund

<http://www.victoryfund.org>

Gay, Lesbian & Straight Education Network

<http://www.glsen.org/templates/index.html>

Gender Education & Advocacy, Inc.

<http://www.gender.org>

Human Rights Campaign

<http://www.hrc.org>

International Gay & Lesbian Human Rights Commission

<http://www.iglhrc.org>

Lambda Legal Defense & Education Fund

<http://www.lambdalegal.org/cgi-bin/iowa/index.html>

Log Cabin Republican Clubs

<http://www.lcrga.com/other.html>

Mautner Project for Lesbians with Cancer

<http://www.mautnerproject.org>

National Center For Lesbian Rights

<http://www.nclrights.org>

National Coalition for Sexual Freedom

<http://www.ncsfreedom.org>

National Consortium of LGBT Resources in Higher Education

<http://www.lgbtcampus.org>

National Minority AIDS Council

<http://www.nmac.org>

National Transgender Advocacy Coalition

<http://www.genderadvocates.org/links/national.html>

National Youth Advocacy Coalition

<http://www.nyacyouth.org>

Parents, Family & Friends of Lesbians & Gays

<http://www.pflag.org>

Pride At Work

<http://www.prideatwork.org>

Servicemembers Legal Defense Network

<http://www.sldn.org/templates/index.html>

The World Congress of Gay, Lesbian, Bisexual, and Transgender Jews: Keshet Ga'avah

<http://gltbjews.org/>

🗳️ Black Music Month

As of May 31<sup>st</sup>, 2002, President Bush has proclaimed the month of June to be Black Music Month. Recognition of this critical part of American heritage will be highlighted all month long with various events urging citizens to revel in the many forms of music from gospel to hip-hop as African-American musicians, singers, & composers have contributed an immense amount to our nation's history.


[http://www.classbrain.com/artholiday/publish/article\\_141.shtml](http://www.classbrain.com/artholiday/publish/article_141.shtml)

🗳️ June dedicated to Old Roman Goddess Juno.

Partner of Jove (God of Happiness). Protector of marriage & family & the punisher of abusive & adulterous spouses.




## June 1


 **Brigham Young (1801–1877): The Church of Jesus Christ of Latter-day Saints.** Religious leader.


Converted after reading the Book of Mormon, he became the 2<sup>nd</sup> president of The Church of Jesus Christ of Latter-day Saints & fleeing persecution, led its followers to establish the center of the Church at Salt Lake City.

[http://www.pbs.org/weta/thewest/people/s\\_z/young.htm](http://www.pbs.org/weta/thewest/people/s_z/young.htm)

 **Children's Day: Laos.** Public holiday.


 **Children's Day: Republic of China (Taiwan).**

 **Madaraka (Self-Rule) Day: Kenya.** This marks the day in 1964 that Kenya attained self-rule as a republic with Jomo Kenyatta as its 1<sup>st</sup> president.

 **Gawai Dayak: Malaysia.** Celebrated mid year on June 1 & 2, though unofficially the festivities begin during the last week of May & continue through mid-June. This harvest festival, gives thanks to the gods & spirits for the bounty of the land. With centuries of tradition behind it, this native ritual involves communication with the spirit world, ancestral worship & feasting with friends & family of the whole community. Celebrated by the Dayak, which generally refers to the Iban, Bidayuh & the Orang Ulu communities in Sarawak. The elders perform traditional rites, everyone dresses in their traditional costumes & there is food & drink. Tuak, rice wine, & an array of traditional food are generously served along the ruai, veranda, & bilik, room, in every longhouse. The word *Gawai* means ritual or festival whereas *Dayak* is a collective name for the natives races in Sarawak; the Iban, Bidayuh, Kayan, Kenyah, Kelabit, Murut people and a few more. Thus *Gawai Dayak* literally means "Dayak Festival".




[http://www.abcmalaysia.com/tour\\_malaysia/gawai.htm](http://www.abcmalaysia.com/tour_malaysia/gawai.htm)


 **1993:** Connie Chung becomes the 2<sup>nd</sup> woman to co-anchor evening news 7yrs after Barbara Walters became the 1<sup>st</sup> woman in 1976.

 **Red Earth Fair (Starts 1st Fri of every June): USA.**


Cultural Festival takes place in **Oklahoma City** for 3 days. Over 100 Native tribes from throughout North America gather in Downtown Oklahoma City to share & participate in their rich & diverse heritage through highest quality original art, drum & dance juried competitions. <http://www.redearth.org/>

<http://www.whatsonwhen.com/events/event.asp?events/~91739.jml>

 **Amitabha Buddha Day: Buddhist.** Day Tibetan & Mahayana Buddhists do good deeds & chant the name of Buddha God Amitabha/Omito/Amida to gain entry to His Pure Land & aid in attaining nirvana.

 **International Children's Day (ICD)** is celebrated in numerous countries, usually (but not always) on June 1 each year. [http://en.wikipedia.org/wiki/Children's\\_Day](http://en.wikipedia.org/wiki/Children's_Day)

## June 2

 **Dorothy West (1907–1998): African American.**


Writer. Nicknamed "the Kid" by Langston Hughes, Dorothy West was, when she died, the last remaining member of the Harlem Renaissance of the 1920s. Born into a Black upper middle class Boston family, West 1st published at 14 & later attended Boston University & the Columbia School of Journalism. In 1934, she founded the literary journal, *Challenge* to give young Black writers a place to publish. West later joined the Federal Writers Project. In 1947, she left New York for Martha's Vineyard, where she lived the rest of her life. West's novel, *The Wedding*, begun in the 1960s & published in 1995, focuses as much on class as on race; in 1998 it aired as a TV miniseries produced by Oprah Winfrey.


<http://authors.aalbc.com/dorothy.htm>

 **Granting of citizenship to American Indians**

**(1924): United States.** On this day, Congress extended the rights of citizenship to all American Indians born in the U.S. Previously, only part of the American Indian population had been granted citizenship through treaties, statutes, naturalization, & service in the armed forces.


[http://lcweb2.loc.gov/ammem/ndlpedu/features/immig/native\\_american8.html](http://lcweb2.loc.gov/ammem/ndlpedu/features/immig/native_american8.html)

 **Festa della Repubblica (Republic Day): Italy.** The Italian Republic was established on June 2, 1946, by a popular referendum in which the people chose a Republic over a Monarchy.

 **Mindfulness Day: Zen Buddhist.** Day for mindfully seeing the interdependence of all things at all times.

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## June 3

 **Josephine Baker (1906–1975): African American.**


Dancer & jazz singer, fought racism.

<http://www.cmgww.com/stars/baker/>

 **Charles Richard Drew (1904–1950): African**


**American.** Physician. A pioneer in blood research, Dr. Drew introduced the use of plasma on the battlefield; organized the world's 1st mass blood bank project, Blood for Britain; & established the American Red Cross Blood Bank, of which he was the 1st director.

<http://www.blackinventor.com/pages/charlesdrew.html>

 **Roland Hayes (1887–1976): African American.**

Concert singer. He was one of the 1st African Americans to have an international concert career. His magnificent tenor voice brought him wide acclaim from 1917 until his retirement from the concert stage in the 1950's.

<http://xroads.virginia.edu/~MA03/faturoti/harlem/collage/hayes.html>

 **Sjómanna dagur (Seafarers' Day):**

**Iceland.** Dedicated to Iceland's sailors & fishermen, Seafarers' Day celebrates the importance of sailors & the sea to Icelandic history and economy. On the Friday before Seafarers' Day, all the fishermen of Iceland take the day off from work & begin the celebration. The festivities continue throughout the weekend with parties,

parades, speeches, competitive regattas, swimming & rowing races, sea rescue competitions, & other events.  
[http://www.isic.org/sisp/index.htm?fx=event&event\\_id=25054](http://www.isic.org/sisp/index.htm?fx=event&event_id=25054)

🌍**1972:** Day the 1<sup>st</sup> woman, Rabbi Sally Priesand, was ordained a rabbi in Reform Judaism

🌍**All Saints: Orthodox Christian.** Christian day for honoring saints, known and unknown. In general, saints are persons with reputation for unusual lives of holiness & devotion to God or who were martyred for their faith. A Holy Day of Obligation in the Roman Catholic Church where saints have special formal status.

[http://en.wikipedia.org/wiki/All\\_Saints\\_Day](http://en.wikipedia.org/wiki/All_Saints_Day)

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## June 4

🌍**1980:** Donna Maller, along with 13 other Jewish cadets, graduated from West Point & became the 1<sup>st</sup> Jewish woman to do so.

🌍**1784:** Marie Thible (French) became the 1<sup>st</sup> woman to experience balloon flight, ascending 8,500 feet.

🌍**Anniversary of 1979 Coup: Ghana.** Public holiday.

🌍**Queen's Birthday: New Zealand.** Public holiday. In New Zealand, the Queen's Birthday holiday occurs on the 1<sup>st</sup> Monday in June.

<http://goaustralia.about.com/cs/eventsfestivals/a/queensbrthday.htm>

🌍**1989:** Day to mourn the massacre of the peaceful pro-democracy protesters in Tiananmen Square, Beijing, China; vigil for democracy & respect for the human rights of all in China.

🌍**National Cancer Survivors Day.** Held annually in hundreds of communities throughout the world on the 1<sup>st</sup> Sunday in June. It is a symbolic event to demonstrate that life after a cancer diagnosis can be a reality.

<http://www.ncsdf.org/>

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## June 5

🌍**Alfred Kazin (1915–1998): Jewish American.**

Writer, critic, teacher. Born of immigrant parents, Kazin attended the City College of New York, receiving both his bachelor's & master's degrees in English. In 1942, Kazin published his 1st book, entitled *On Native Ground*. A wide-ranging review of the history of American literature from William Dean Howells to William Faulkner, the book set a new standard for literary criticism. Kazin continued to write many articles & essays, as well as novels & literary criticism. His works include the postwar novel, *A Walker in the City*, & literary volumes such as *A Writer's America* & *God & the American Writer*.



🌍**1963:** The Air Force Academy graduated Charles V. Bush, Isaac S. Payne IV & Roger B. Sims, they thus became the 1<sup>st</sup> African-American graduates.

🌍**Grundlovsdag (Constitution Day): Denmark.** This day commemorates Denmark's adoption of a

constitutional monarchy in 1849, ending absolute rule by the monarchy.

🌍**Feast honoring the one Deity as Nur (Light): Baha'i.** Baha'is recognize ethnic equality.

🌍**World Environment Day.** Commemorated each year on 5 June is one of the principal vehicles through which the United Nations stimulates worldwide awareness of the environment & enhances political attention & action.  
<http://www.unep.org/wed/2007/english/>

🌍**Hunger Awareness Day: US.** On this day, volunteers, churches, corporations, food banks and other organizations will come together to raise awareness about hunger and the acute situation that too many Americans face. [www.hungerday.org](http://www.hungerday.org)

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## June 6

🌍**Memorial Day: South Korea.** Public holiday.

🌍**National Day: Sweden.** This day commemorates Sweden's gaining independence from Denmark & the ascension to the throne of King Gustavus in 1523.

🌍**D-Day: US.** <http://www.pbs.org/wgbh/amex/dday/>  
<http://www.dday.org/>

🌍**1872:** Susan B. Anthony is arrested for leading a group of women to register & vote in Rochester, New York. She voted--then illegal for a woman to do so--in a Rochester, NY election, she was arrested, tried, convicted, then released in order to prevent her from appealing to a higher court & getting the attention the issue would then receive.

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## June 7

🌍**Gwendolyn Brooks (1917-2000): African American.** Poet, 1<sup>st</sup> African American to win a Pulitzer Prize.

🌍**Virginia Apgar (1909-1974): American.** Pediatric physician who developed the delivery room method of infant health testing which is standard procedure today.

🌍**Sette Guigno: Malta.**



🌍**Feast of Corpus Christi: Roman Catholic.**

Celebration in recognition of the Eucharist - the Blessed Sacrament of the Body & Blood of Christ. The real presence of the body & blood of Jesus is honored. Feast of Corpus Christi (Latin for "Body of Christ") is a moveable Christian feast commemorating the Holy Eucharist. Observed on the 1<sup>st</sup> Thursday after Trinity Sunday, Corpus Christi mirrors Holy Thursday, the Thursday before Easter & the day on which The Christians believe the 1<sup>st</sup> Eucharist, The Last Supper, took place.

🌍**Vestalia: Old Roman festival.** Honoring Goddess Vesta (Greek Hestia). Women made food offerings at the sacred hearths of home & temple.







## June 8

 **LeRoy (Satchel) Paige (1906–1982): African American.** Baseball player. Perhaps the most talented baseball player in the history of the game, Paige became a legend for his showmanship, his fast ball, & his longevity. Beginning in the 1920s in the Black leagues, He played some 2,500 professional games, of which he won at least 2,000; 250 of these were shutouts, & 45 were no-hitters. In 1948, after the integration of major league baseball, Paige signed with the Cleveland Indians. In 1952, as a pitcher for the St. Louis Browns, he was named to the American League All-Stars. This is the date of his death. <http://www.cmgww.com/baseball/paige/>  
 **1949:** 11 top women players organize the Ladies' Professional Golf Assn. (LPGA), the oldest women's professional sports Organization in the world.





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## June 9

 **Cole Porter (1891-1964): American.** Composer, lyricist, especially for Broadway musicals [*Kiss Me Kate*, *Anything Goes*, *Can Can*] he had his 1<sup>st</sup> song published at the age of 10.  
 **1949:** Georgia Neese Clark confirmed as the 1<sup>st</sup> woman treasurer of the United States.  
 **Accession of King Abdullah: Jordan.** This day commemorates the accession on June 9, 1999 of His Majesty King Abdullah II bin Al Hussein, who assumed his constitutional powers as Monarch of the Hashemite Kingdom of Jordan on February 7, 1999, the day his father, the late King Hussein, passed away.  
 **St. Columba of Iona: Celtic Christian.** Christian recognition of Columba who began the famous community of Iona off the coast of Scotland in 563.

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## June 10

 **Hattie McDaniel (1895-1952): African-American.** Actress on radio, stage & film, the 1<sup>st</sup> black Academy Award winner (1940) for her role in *Gone With the Wind*.  
 **Dia de Portugal (Portuguese National Day): Portugal.** This national holiday commemorates the death in 1580 of Luís Vaz de Camões, author of the greatest literary work in Portuguese, the epic poem *Os Lusíadas*.  
 **Puerto Rican Day Parade: United States.** Since 1958, New York & other major cities have held parades on the 2<sup>nd</sup> Sunday in June to celebrate the contributions of the Puerto Rican people to the history of their city. The parades feature floats, singers, & dancers in colorful costumes. These parades are similar to St. Patrick's Day, Italian, & Polish parades that have been held for decades in cities. <http://www.nationalpuertoricandayparade.org/>  
 **1963:** Equal Pay Act enacted "To prohibit discrimination on account of sex in the payment of wages by employers engaged in commerce or in the production of goods for commerce." (PL 88-38)

 **Race Unity Day (Second Sunday in June): Baha'i.** <http://www.bahai.us/race-unity-day>



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## June 11

 **Jeannette Rankin (1880-1973): American.** Reformer, suffragist/feminist, pacifist, 1<sup>st</sup> woman elected to U.S. Congress.  
 **King Kamehameha Day: Hawaii.** A national state holiday to honor the 1<sup>st</sup> ruler of the United Hawaiian Islands. <http://www.kamehamehadaycelebration.org/>  
 **Queen's Birthday: Australia.** This holiday honors the birthday of Queen Elizabeth II, the monarch of Great Britain, Northern Ireland, Canada, & Australia. As queen of both England & Australia, Elizabeth II is head of state & represented by the governor general. In Australia, except in the state of Western Australia, the Queen's Birthday holiday occurs on the 2<sup>nd</sup> Monday in June. The holiday also marks the start of the Australian ski season. In Western Australia, the Queen's Birthday holiday is celebrated in late September or early October. <http://goaustralia.about.com/cs/eventsfestivals/a/queensbirthday.htm>  
 **Queen's Birthday: Bermuda.**  
 **Birthday of Mordecai Kaplan (1881-1983): Jewish.** Founder of Reconstructionist Judaism. He perceived Deity to be a genderless Cosmic Force of Nature, & promoted a Judaism that recognizes gender equality.  
 **Accession of Guru Hargobind Sahib: Sikh.** 6<sup>th</sup> Sikh guru. Guru Hargobind lived 1595-1644; guru 1606-1644.  
 **11<sup>th</sup> – 17<sup>th</sup> National Men's Health Week.** The purpose is to heighten the awareness of preventable health problems & encourage early detection & treatment of disease among men & boys. <http://www.menshealthweek.org/>

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## June 12

 **Anne Frank (1929–1945): Jewish Dutch.** This young girl hid with her family from the Nazis in a secret apartment during the occupation of the Netherlands. The hiding place was eventually discovered & the family deported to concentration camps, but Anne's diary, discovered & published after her death, became the most widely read of all personal accounts of the Holocaust. <http://www.annefrank.com/> [www.annefrank.org](http://www.annefrank.org)  
 **Independence Day: Philippines.** On this day in 1898 the Philippines declared its independence from Spain. Many Filipinos in the United States also celebrate this day.  
**Recognizing the Festival/Holiday:** Filipino Americans all over the United States celebrate Philippine Independence Day. Featured are parades, folk dances, food & craft fairs, music, & various other forms of cultural performances. Filipino Americans also observe Philippine-American Friendship Day on July 4, as well



as Rizal Day on December 30 to commemorate the martyrdom of their national hero, José Rizal.

🌐 **Independence Day: Russia.** This holiday celebrates the 1st democratically elected president of Russia in the one-thousand-year history of the state.

🌐 **1913:** Women in Springfield, Ill. Celebrate passage of a state woman suffrage bill.

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## June 13

🌐 **Luis Alvarez (1911–1988): Mexican American.** Physicist. His greatest contribution to science was his research on subatomic particles, for which he won the Nobel Prize for Physics in 1968. During WWII he created a ground-controlled radar system for aircraft landings, & later collaborated in the building of the atomic bomb. In 1970 he & his son Walter proposed the theory that the extinction of the dinosaurs had been caused by the collision of a comet or asteroid w/earth. [www.pbs.org/wgbh/asof/databank/entries/boalva.html](http://www.pbs.org/wgbh/asof/databank/entries/boalva.html)

🌐 **Mary Antin (1881–1949): Jewish Russian American.** Writer. Coming to the U.S. at the age of 13 with her family, Mary Antin flourished in her new country, going from 1st to 5th grade in the Boston public schools in half a year. She soon showed herself to be a gifted writer, published her 1st poem at age 15 & her 1st book, a narrative of her journey from Russia to the United States, at age 18. She is best known for her autobiographical work *The Promised Land*, a classic account of immigration & assimilation. [http://college.hmco.com/english/lauter/heath/4e/students/author\\_pages/late\\_nineteenth/antin\\_ma.html](http://college.hmco.com/english/lauter/heath/4e/students/author_pages/late_nineteenth/antin_ma.html)

🌐 **Carlos Chávez (1899–1978): Mexican.** Composer, conductor, & educator. In the course of his long career, Chávez left his mark on nearly every aspect of musical life in Mexico. He organized Mexico's 1st symphony orchestra & conducted it for 20 years, introduced modern European music to Mexican audiences, directed the National Conservatory, & overhauled the system of music education in Mexican schools as head of the department of fine arts in the ministry of education. His field research into Mexican folk music enriched his own compositions, which are notable for their complex rhythmic patterns, simple melodic lines, & strong percussive effects.

[www.chez.com/craton/musique/chavez/english.htm](http://www.chez.com/craton/musique/chavez/english.htm)

🌐 **William Butler Yeats (1865-1939): Irish.** Author, folklorist, & nationalist; a Nobel Prize winner.

🌐 **Feast of St. Anthony (d. 1231): Christian.** Guardian of the poor & the powerless & guide of social justice activists.

🌐 **Shiva Puja: Hindu.** Day to fast from grains & meat & make offerings to Hindu God Shiva. Flowers, incense, lamps, & vegetarian food are offered; bells are rung & drums beaten.

🌐 **Feast of Neteret Hathor: Old Egyptian.** Goddess of Love & Fertility.

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## June 14

🌐 **Harriet Beecher Stowe (1811-1896): American.** Author. Her anti-slavery book *Uncle Tom's Cabin* stirred popular emotions about slavery.

🌐 **Pat Summitt (1952- ) American.** Coach of Tennessee's Women's Basketball team. She has 900 victories in 32 years more than anyone in the NCAA. [http://en.wikipedia.org/wiki/Pat\\_Summitt](http://en.wikipedia.org/wiki/Pat_Summitt)

🌐 **FLAG DAY: US.** In 1777, the Continental Congress adopted the Stars & Stripes pattern for the national flag. This would follow almost 1 year after the Declaration of Independence & more than a decade before the U.S. Constitution was finalized.



Flag Day was 1st celebrated in 1877, the centennial of the U.S. flag's existence. After that many citizens and organizations advocated the adoption of a national day of commemoration for the U.S. Flag. It was not until 1949, that President Harry Truman signed legislation making Flag Day a day of national observance.

The National Flag Day Foundation, Inc. was chartered in December, 1982 as a non-profit 501 [C] (3) organization. Its vision is to educate all Americans of the unifying and patriotic significance of the annual National Pause for the Pledge of Allegiance. The Foundation's specific mission is to encourage all Americans to observe National Flag Day (63 Stat. 492) & participate in the annual National PAUSE FOR THE PLEDGE OF ALLEGIANCE (99 Stat. 97) through patriotic educational programs and public awareness campaigns. The Foundation further desires, through Pledge of Allegiance ceremonies, to provide a stage upon which all Americans, led by the President of the United States, repeat the thirty-one words that honor America to show the world that we truly are a united people. Individuals everywhere are requested each year to write the President to encourage his participation in this simple ceremony from wherever he is on June 14, Flag Day. The year-round educational mission of the National Flag Day Foundation is supported by an Annual Giving Program. All of the Foundation's publications have been provided free of charge or with a nominal fee for postage. To assure the long-range future of the Foundation's educational programs, an Endowment Fund was created in 1987.

<http://www.usflag.org/history/flagday.html>

<http://www.infoplease.com/spot/flagday2.html>

🌐 **Iroquois Green Bean Ceremony (6/14-6/17): Native American.** Thanksgiving for the bean harvest; celebrated with tobacco offerings, singing, drumming, dancing & feasting.

🌐 **Beginning of Old Egyptian Shomu/Harvest month of Mesut-Ra/Mesori (dedicated to Neteru Ra & Rait).** Priests & priestesses made offerings to the Neteru (Gods & Goddesses) to ensure that there would be security & protection for all.

🌙 **Feast of the Triple Goddess (Goddess of the Moon & the Seasons): Old European (evening).** Marking the transformation of the Virgin into the Mother.

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## June 15

🎹 **Edvard Grieg (1843-1907): Norwegian.** Pianist & composer who composed in the romantic period.

🇦🇿 **National Salvation Day: Azerbaijan.**

🇮🇹 **Sacred Heart of Jesus: Catholic Christian (Roman Catholic).** Occasion to pay homage to Christ's all encompassing love for humanity. Solemn worship is observed.

🇧🇹 **Shakyamuni Buddha Day.** Day Tibetan Buddhists meditate on the Buddha's teachings & strive to fulfill the Precepts.

🇯🇵 **Suijin Matsuri: Shinto.** Rite honoring the Kami of Water.

🇬🇷 **Skirophorion Noumenia: Old Greek festival (evening 6/15-6/16).** Honoring all the Gods & Goddesses. Flutes were played; prayers were said; offerings of barley, olive oil, incense, & food were burned in an offering hearth; & libations of water & wine were made.

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## June 16

🇺🇸 **Barbara McClintock (1902-1992): American.** Nobel Prize winner.

🇺🇸 **John Howard Griffin (1920-1980): American.** Author, photographer, wrote *Black Like Me* about his experiences traveling through the South after chemically blackening his skin.

🇳🇦 **Youth Day observed: South Africa.** Public holiday. <http://www.info.gov.za/index.html>

🇺🇸 **1838:** US. On or about today the 1<sup>st</sup> Cherokee Indians begin Trail of Tears — 1,200 mile forced march to Oklahoma. Further removal aborted until October because of drought & "sickly season."

🇳🇿 **Matariki: Maori, NZ.** When the star cluster Matariki (Pleiades) appears in the dawn sky, Maori New Year starts. The time for festivity begins with the new moon after the 1<sup>st</sup> appearance of Matariki. The bright star Puanga (Rigel), emerges at about the same time. Matariki has 2 meanings, both referring to a tiny constellation of stars; Mata Riki (Tiny Eyes) & Mata Ariki (Eyes of God).

It is celebrated with education, remembrance & the planting of new trees & crops--signaling new beginnings. It was the optimum time for new harvests & ceremonial offerings to the land-based gods Rongo, Uenuku & Whiro to ensure good crops for the coming year. It was also seen as a perfect time to learn about the land the Maori's live on & to remember whakapapa (ancestry) who have passed from this world to the next & the legacy they left behind.

<http://www.taitokerau.co.nz/matariki.htm>

🇮🇳 **Martyrdom of Guru Arjan Dev Sahib: Sikh.** Sikh time of remembering those who have suffered for the faith. Observed by reading the Guru Granth Sahib.

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## June 17

🇺🇸 **James Weldon Johnson (1871–1938): African American.** Writer, diplomat, educator, & civil rights leader. Johnson's writings include songs (among them "Lift Every Voice & Sing," see entry for Dec. 12), poetry, fiction, an autobiography, & critical & historical works on African American culture. He also compiled anthologies of African American poems & spirituals. A former high school principal, journalist, attorney, & diplomatic representative in Venezuela & Nicaragua, he served the NAACP from 1916 to 1930 as field secretary & then executive secretary, greatly expanding the organization's membership and influence. He spent the remainder of his life in university teaching.



[www.sc.edu/library/spcoll/amlit/johnson/johnson.html](http://www.sc.edu/library/spcoll/amlit/johnson/johnson.html)

🇺🇸 **Susan LaFlesche Picotte (1865–1915): American Indian (Omaha).** 1<sup>st</sup> Native American Physician. Youngest daughter of Chief Joseph LaFlesche (Iron Eye) & his wife Mary (Iron Woman). After her education in the East, Picotte returned to the reservation as a doctor & spent 4 years traveling among the 1,300 widely scattered Omahas, caring for the sick & hurt & educating them about health & sanitation. Widowed in 1905 & with two sons, she moved in 1906 to the new town of Walthill on the reservation, where she spent her life practicing medicine, establishing a hospital, & serving her community as a leader in church & civic activities.

<http://www.americanwest.com/pages/picotte.htm>

🇷🇺 **Igor Stravinsky (1882-1971): Russian.** Author & composer [*The Firebird Suite*] of modern classical music.

🇺🇸 **Father's Day: US & Panama.** Was first celebrated in Spokane, Washington on June 19, 1910. Sonora Smart Dodd originally thought of the idea while listening to a Mother's Day sermon the previous year. Dodd & her five siblings were raised single handedly by their father, William Jackson Smart, after their mother died during childbirth in 1898. Her petition advocating a national father's day was supported by the local ministerial association & the Young Men's Christian Association.

<http://www3.kumc.edu/diversity/other/fathers.html>

<http://www.infoplease.com/spot/fathersdaylist.html>

🇮🇸 **Independence Day: Iceland.** Iceland declared full independence from Denmark in 1944, becoming the Republic of Iceland. The date of June 17 was chosen as the official holiday because it was the birthday of Jón Sigurðsson (1811–1879), the 19<sup>th</sup> century leader of Iceland's peaceful campaign for independence. Sigurðsson was a scholar & statesman who worked for



the restoration of the Alþingi, the ancient Icelandic national assembly & the oldest parliament in the world. The Alþingi's independence was restricted after Iceland was annexed by Norway in 1263, & eventually abolished in 1800. Sigurðsson helped to reestablish the Alþingi as a consultative assembly in 1845, & later became its speaker. The Alþingi would regain its legislative power in 1874, when Denmark granted a constitution to Iceland, which was then a Danish colony. In 1944, the people of Iceland voted to cut all political ties with Denmark, & Iceland officially gained its independence. People throughout the country celebrate this national holiday with traditional costumes, parades, speeches, street theater, sideshows, & outdoor dancing in the midnight sun.

🌿 **Day to celebrate Starhawk's work in reclaiming the Goddess & raising Goddess consciousness: Wiccan.**

She teaches an eco-egalitarian form of Wicca. The Wiccan rede is: Do what you will, but harm none.

🌿 **Feast of Old Greek Goddess Athena (evening 6/17-6/18).** Protector & defender.

🎻 **Violin Day: International.** In observance of Igor Stravinsky's birthday.

## June 18

🌿 **Sylvia Porter (1913-1991): American.** Columnist, author.

🌿 **Eid ElGalaa (Evacuation Day): Egypt.** This marks the proclamation of the Egyptian republic after a military coup deposed King Farouk in 1952.

🌿 **Sagrado Corazon observed: Colombia.** Public holiday.

🌿 **Día de la Bandera (National Flag Day): Argentina.** Commemorates the death of Manuel Belgrano, who created the current flag.

🌿 **1983:** Dr. Sally Ride becomes the 1<sup>st</sup> American woman in space.

🌿 **Feast of Old Greek Deities Aphrodite & Hermes (evening 6/18-6/19).** Day to honor the divine feminine & divine masculine in harmony.

## June 19

🌿 **Juneteenth: African American.** The holiday is based on events that occurred mainly in Texas but is now celebrated nationwide. It celebrates the freedom of over 250,000 slaves at the close of the Civil War by the Union general Gordon Grange. The celebration takes its name from June 19, 1865, the day federal troops arrived in Galveston to enforce the Emancipation Proclamation. Although the Proclamation had taken



effect on January 1, 1863, it freed few, if any, slaves. As news of the Emancipation Proclamation issued in January moved westward, he announced on this day that, 'The people of Texas are informed that in accord with a Proclamation of the Executive of the United States all slaves are free . . .' This is a time for various celebrations in African American communities, including speeches, rallies, & displays of art & music. For more information, consult <http://www.juneteenth.com/> [http://encarta.msn.com/encyclopedia\\_761595967/Juneteenth.html](http://encarta.msn.com/encyclopedia_761595967/Juneteenth.html) [www3.kumc.edu/diversity/ethnic\\_relig/juneteenth.html](http://www3.kumc.edu/diversity/ethnic_relig/juneteenth.html)

🌿 **Commemoration Day: Algeria.**

🌿 **Dragon Boat Festival (Tuan-wu): China.** This is a holiday in honor of Ch'ü Yuan, China's 1<sup>st</sup> major poet, who drowned himself in 278 B.C.E. to protest the injustice & corruption of his prince's government. In the traditional dragon boat races, teams from different towns compete in long boats with bows shaped like large dragonheads. The customary holiday food is a dumpling made of rice with a sweet filling wrapped in a bamboo leaf. This festival is a public holiday in the Republic of China. [http://en.wikipedia.org/wiki/Dragon\\_Boat](http://en.wikipedia.org/wiki/Dragon_Boat) [http://www.discoverhongkong.com/eng/heritage/festivals/he\\_fest\\_drag\\_jhtml](http://www.discoverhongkong.com/eng/heritage/festivals/he_fest_drag_jhtml)

🌿 **Dano Day: Korea.** Spring festival. Koreans pray for good fortune towards agricultural affairs. Events: women swing on swings called 'Gune' & men usually engage in Korean wrestling, 'Ssi-rumm'. Food: rice cake with herbs (*surichitteok*), herring soup (*junchiguk*). [http://en.wikipedia.org/wiki/Korean\\_culture](http://en.wikipedia.org/wiki/Korean_culture) [http://www.aboutsociology.com/sociology/Culture\\_of\\_Korea](http://www.aboutsociology.com/sociology/Culture_of_Korea)

🌿 **New Church Day: Swedenborgian Christian (Church of the New Jerusalem).** Annual commemoration of the vision document, "The True Christian Religion", by Emanuel Swedenborg in 1770.

## June 20

🌿 **Flag Day observed: Argentina.**

🌿 **1921:** Alice Robertson (R-Oklahoma) becomes the 1<sup>st</sup> woman to chair the House of Representatives.

🌿 **Caroline Willard Baldwin,** 1<sup>st</sup> American woman to earn a Doctor of Science degree on this date in 1895.

🌿 **Midsummer begins at sundown: Pagan & Wiccan.** Observance of the bounty of nature. Fires are lit in honor of the Sun.


🌿 **Feast of the Great Spirit/Great Mystery that encompasses Mother Earth & Father Sky (6/20-6/21): Native American.** Honoring Deity as Orenda (Iroquois), Asgaya Galun Lati (Cherokee), Wakan Tanka (Lakota) & Awonawilona (Zuni).

🌿 **Lakota Sun Dance (6/20-6/23): Native American.** Festival of prayer, fasting, dancing, & healing in honor of Sun God Wi; offerings are also made to Maka/Mother Earth and Haakah/Father Sky. Lakotas believe all Deities are aspects of Creator Takuskanskan.





## June 21

 **Mary McCarthy (1912-1989): American.** Author, critic. [http://en.wikipedia.org/wiki/Mary\\_McCarthy\\_%28author%29](http://en.wikipedia.org/wiki/Mary_McCarthy_%28author%29)


 **Joseph H. Rainey (1832–1887): African American.** Congressman. The 1st African American elected to the U.S. House of Representatives, Rainey was elected to 5 terms. He served his North Carolina district from 1869 to 1879, supporting improvement of conditions for Indians on reservations & the granting of full constitutional rights to Blacks.


[www.picturehistory.com/find/p/11111/mcms.html](http://www.picturehistory.com/find/p/11111/mcms.html)

 **Henry Ossawa Tanner (1859-1937): African-American.** Artist. The most distinguished African-American painter of the 19<sup>th</sup> century, one of the 1<sup>st</sup> exhibited in U.S. galleries he was also one of the 1<sup>st</sup> painters of his race to achieve international acclaim.

 **Summer Solstice. (First Day of Summer).** Marks the beginning of Summer & the longest day & shortest night of the year. Some celebrate the light with dancing around a bonfire.


<http://www.infoplease.com/spot/solstice.html>


 **National Aboriginal Day: Aboriginal, Canada.** In 1996, the former Governor General of Canada, Romeo LeBlanc, proclaimed June 21<sup>st</sup> to be known as National Aboriginal Day. This is an event growing in importance in Canada when the outstanding contributions of First Nations, Inuit & Metis are being recognized.


 **Inti Raymi: Peru.** Celebrated in Cusco, the 2<sup>nd</sup> biggest festival in Latin America, celebrates the winter solstice Incan Festival where the God of the Sun, Wiracocha is honored.


<http://gosouthamerica.about.com/od/perartandculture/a/IntiRaymi.htm>


 **Midsummer (Summer Solstice): Pagan & Wiccan.**

 **First Nations Day: Canadian Native People.** Most sacred day on the summer solstice. Canadian First Nations: Indian, Metis & Inuit communities hold feasts & invite guests. <http://www.nativeweb.org/>  
<http://www.native-languages.org/home.htm>  
<http://www.canadiansocialresearch.net/1stbkmrk.htm>

 **Litha: Wicca/Neo Pagan (northern hemisphere).**


 **Yule: Wicca/Neo Pagan (southern hemisphere).**


 **Taoist festival honoring Shang-Ti/Heavenly Emperor, Father of Justice & Law, & manifestation of the Te (Virtuous Inner Power).** Also celebrates the peak of the masculine Yang half of the year & the Shen of Fire, South, & Summer; prayers are made for strength & maturity, & offerings are made to the ancestors.


 **Yoruba/Santeria feast of Orisha Babalu Aye.** Guardian of the Disabled.


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## June 22

 **Anne Morrow Lindbergh (1906-2001): American.** Pioneering aviator, author [*Gifts from the Sea*] advocate of women's rights, she noted that, "By and large, mothers & housewives are the only workers who do not have regular time off. They are the great vacationless class".


 **Katharine Dunham (1909-2006): American.** Dancer & choreographer, combined African movement & classical ballet.

 **Dan antifašističke borbe (Anti-fascist struggle day): Croatia.**

 **Võidupüha (Victory Day): Estonia.** German forces were defeated at Cesis during Estonian Liberation War.

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## June 23


 **Wilma Rudolph (1940–1994): African American.** Athlete, 1<sup>st</sup> woman runner to win 3 goldmedals in a single Olympics. Although Wilma Rudolph spent her childhood wearing a leg brace to support a lame leg, she overcame her handicap & became a champion sprinter, eventually setting a world record in the 200-meter dash.





In the 1960 Olympics she was the most successful competitor in track & field events, as the individual winner of the 100- & 200-meter dashes & a member of the winning team in the 4 x 100-meter relay.

<http://www.lkwdpl.org/wihohio/rudo-wil.htm>

<http://espn.go.com/sportscentury/features/00016444.html>


 **National Day observed: Luxembourg.** Also celebrated as the King's birthday, this day commemorates Luxembourg's gaining independence from Belgium & the Netherlands in 1848.

 **1940:** The 1<sup>st</sup> women graduate from Harvard Medical School, founded in 1783.

 **Tara Puja: Tibetan Buddhist.** The fast of Bodhisattva Goddess Tara. All are equal in Her circles; she is worshipped with meditations on mandalas & chanting of mantra.


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## June 24


 **Margaret Brent** became the 1<sup>st</sup> woman to request the right to vote today in 1647. Despite her position as a major landowner & secretary to Governor Leonard Calvert (Maryland) & her later duties as acting governor & presiding over the General Assembly, she was repeatedly refused the vote as "it would set a bad example to the wives of the colony".

<http://mdroots.thinkport.org/library/margaretbrent.asp>

[http://www.fa-ir.org/15\\_2.htm](http://www.fa-ir.org/15_2.htm)

 **Battle of Carabobo: Venezuela.** Public holiday.

 **Manila Day: Philippines.** Public holiday.

 **St. John the Baptist: Puerto Rico.** Public holiday. Commemorates the island's patron saint, St. John the Baptist. People gather at the beaches in the afternoon. Then at midnight, they jump into the ocean backwards 3 times to symbolize baptism, immersion & new life. The celebration continues with families gathering to enjoy music, food & dancing.

 **St. Jean Baptiste Day: France, Quebec.** He is the patron saint of French-Canadians. It is a national holiday

& there are parades, bonfires & fireworks to celebrate his birthday. [http://www.pch.gc.ca/special/canada/11/baptiste\\_e.cfm](http://www.pch.gc.ca/special/canada/11/baptiste_e.cfm)

🌿 **Feast honoring the one Deity as Rahmat (Mercy): Baha'i.**

🌿 **Zuni Corn Dance (6/24-6/27): Native American.** For fertility & rains to aid the maize, bean, & squash crops. Prayer sticks are planted in the fields.

🌿 **24<sup>th</sup> - 30<sup>th</sup> Helen Keller Deaf - Blind Awareness Week.** <http://www.hknc.org/DBAwarenessMAIN.htm>

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## June 25

🌿 **Battle of Little Bighorn (1876): American Indian.** On this date at Little Bighorn River, General George A. Custer was killed & his command annihilated by combined forces of Sioux & Cheyenne Indians. The determined resistance of the nomadic Plains tribes in the protection of their hunting grounds & way of life earned them a number of military victories before they were defeated by the stronger U.S. government forces. <http://www.eyewitnesstohistory.com/custer.htm>

🌿 **America's Kids Day**

🌿 **1863:** Day the 1<sup>st</sup> woman, Rev. Olympia Brown, was ordained a Universalist minister in the U.S.

🌿 **Dan državnosti (Statehood day): Croatia & Slovenia.**

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## June 26

🌿 **Pearl S. Buck (1892-1973): American.** Prolific author, authority on China, won Nobel Prize for *The Good Earth*.

🌿 **Antonia Brico (1902-1989): American.** Pianist, 1<sup>st</sup> woman to conduct a world-class symphony orchestra.

🌿 **Mildred Ella "Babe" Didrikson Zaharias (1911-1956): American.** Athlete. 1932 Olympic medal winner: 2 gold & 1 silver. Outstanding in basketball, track, swimming, golf & billiards. <http://www.babedidriksonzaharias.org/>

🌿 **1894:** Annie Londonberry set off today from Boston, MA, in 1894 to ride her bicycle around the world within 15 months & win a \$10,000 bet. She became the 1<sup>st</sup> woman to complete such a trip.

🌿 **Army and Navy Day: Azerbaijan.**

🌿 **Vishnu Puja: Hindu.** Day to fast from grains & meat & make offerings to Hindu God Vishnu. Flowers, incense, lamps, & vegetarian food are offered; bells are rung & drums beaten.

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## June 27

🌿 **Helen Keller (1880-1968): American.** Author & educator. Left deaf & blind by illness at the age of 19 months, she learned to speak & then to read & write Braille with the help of her remarkable teacher, Annie Sullivan. After graduating cum laude from Radcliffe College in 1904, she devoted her life to writing & social

activism, particularly in aid of people with 1 or both of her disabilities. She traveled throughout the world, spoke out on public issues, & wrote numerous books, including *The Story of My Life* (1902) & *Helen Keller's Journal* (1938). Her extraordinary achievements made her an international heroine & an inspiration to millions.

[http://www.mib.org.uk/xpedio/groups/public/documents/publicwebsite/public\\_keller.hcsp](http://www.mib.org.uk/xpedio/groups/public/documents/publicwebsite/public_keller.hcsp)

🌿 **Sally Jan Priesand (1946-):** US. 1<sup>st</sup> U.S. woman rabbi, ordained 1972.

🌿 **Paul Laurence Dunbar (1872-1906): African American.** Dunbar became nationally known for his poems & tales, many of them depicting the life of Blacks on southern plantations. He also wrote essays protesting the conditions of Black Americans.

[http://en.wikipedia.org/wiki/Paul\\_Laurence\\_Dunbar](http://en.wikipedia.org/wiki/Paul_Laurence_Dunbar)

🌿 **Stonewall Rebellion (1969): Gay/Lesbian.** In the early morning of this day, New York City police entered a gay bar on Christopher Street in Greenwich Village & began harassing & taunting the patrons with anti-gay comments. The patrons fought back in a protest that lasted for the next three days. For many gays & lesbians, this protest marks the 1st organized effort in the U.S. by gays & lesbians to openly gain equality under the law.



[http://en.wikipedia.org/wiki/Stonewall\\_riots](http://en.wikipedia.org/wiki/Stonewall_riots)

🌿 **Multiculturalism Day: Canada.** The Government of Canada officially recognized June 27<sup>th</sup> as Canadian Multiculturalism Day on November 13, 2002. This day acknowledges the contributions that various communities make to Canadian society & to celebrate the country's richness & diversity.

[http://www.pch.gc.ca/special/canada/11/multi\\_e.cfm](http://www.pch.gc.ca/special/canada/11/multi_e.cfm)

🌿 **McCarran-Walter Act (1952): U.S.** This U.S. immigration act, passed during the Korean War over President Truman's veto, generally reaffirmed earlier, restrictive immigration policies but removed the ban against naturalization of Asian & Pacific immigrants. This provision was greeted with jubilation by Japanese-born residents of the U.S., who had been barred under previous laws from seeking citizenship. Another provision of the law, however, empowered the Attorney General to deport immigrants for Communist sympathies even if they had become U.S. citizens. This provision led to widespread investigations & deportations of Chinese residents.

[www.aifl.org/ipc/policy\\_reports\\_2004\\_mccarranwalter.asp](http://www.aifl.org/ipc/policy_reports_2004_mccarranwalter.asp)

🌿 **St. Peter & Paul: Chile.**

🌿 **NATIONAL HIV TESTING DAY.**

<http://www.hivtest.org/>

<http://www.knowhivaid.org/nhtd.html>

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## June 28

🌿 **Jean Jacques Rousseau (1712-1778): Swiss.** Philosopher-writer [*The Social Contract*] of the Enlightenment whose political ideas influenced the

French Revolution, the development of socialist theory, & the growth of nationalism.

🌍**1925:** Irene McFarland jumped from her plane to test a self-opening parachute, which jammed & tangled in the fuselage, thus suspending her, swinging, below the airplane. She wore a 2<sup>nd</sup> standard army parachute which when released broke the entangling cords & deposited her safely on land, the 1<sup>st</sup> woman rescued from a plane by parachute.

## June 29

🌍**Stokely Carmichael (1941–1998): African American.** Civil rights leader. Known later in his life as Kwame Ture, Stokely Carmichael was a charismatic civil rights leader. A graduate of the Bronx High School of Science and Howard University, Carmichael became chairman of the Student Nonviolent Coordinating Committee (SNCC) in 1966, a committee that had 2 years earlier sent volunteers to the South to teach, set up clinics, & register Black Southerners to vote. Carmichael originated the term "Black Power" in a speech in 1966 that called for a more militant approach to the civil rights movement. Becoming more militant & radicalized, Carmichael resigned from SNCC & became prime minister of the Black Panther Party in 1968. The following year Carmichael moved to Guinea, West Africa, where he spent the latter part of his life as an advocate for a unified, socialist Africa.

[www.spartacus.schoolnet.co.uk/USAcarmichael.htm](http://www.spartacus.schoolnet.co.uk/USAcarmichael.htm)

🌍**Julia C. Lathrop (1858-1932): American.** Was a pioneering social worker & activist who was instrumental in the creation of the Illinois juvenile court system. She fought for child-labor laws & became the 1<sup>st</sup> Chief of U.S. Children's Bureau (1912).

🌍**Pechanga Pow Wow: Native American.** JUNE 29, 30 & July 1. Temecula, CA at the Pechanga Casino. Free to everyone. Fireworks on Sat. General Pow Wow Info Line: 951-770-2523 [www.pechanga.com](http://www.pechanga.com)

🌍**St. Peter & St. Paul Day: Colombia, Costa Rica, Peru, Venezuela.** Public holiday.

🌍**Zoroastrian celebration of Divine Spirit Haurvatat (Wholeness), creator & protector of water (6/29-7/3).**

🌍**Feast of Orisha Elegguá: Yoruba/Santeria,** Intercessor & Ruler of Destinies. Yorubas/Santeros celebrate with divination & food offerings.

## June 30

🌍**Dorothy Tilly (1883-1970): American.** Civil Rights reformer; investigated & protested lynching in Georgia.

🌍**Lena Horne (1917- ): African American.** 1<sup>st</sup> African American woman to sign long-term Hollywood contract; also fought for contracts guaranteeing African-Americans could attend her shows.

[http://www.pbs.org/wnet/americanmasters/database/horne\\_1.html](http://www.pbs.org/wnet/americanmasters/database/horne_1.html)

🌍**1870:** Ada H. Kepley, became the 1<sup>st</sup> woman to graduate from law school.

🌍**Army Day: Guatemala.**

🌍**Guru Purnima: Hindu.**

🌍**Asala Puja Day(Dharma): Buddhist.**

## RECIPES

<http://www.web-holidays.com/greencorn/recipes/default.htm>

### Berries & Wild Rice

May be eaten warm or cold.

1 cup wild rice  
1 cup fresh cranberries or 1/2 cup dried  
3 cups water  
1 cup fresh blueberries, fresh or frozen  
1 cup fresh raspberries, fresh or frozen  
1/2 cup real maple syrup  
1/2 teaspoon cinnamon or to taste



Cook rice with cranberries in water until done.

Remove from heat and let stand about 5 minutes or until all the water is soaked.

Mix in the remaining berries, maple syrup, & cinnamon.

### Baked Indian Pudding

1/2 cup yellow cornmeal  
4 cups hot milk  
1/2 cup maple syrup  
1/4 cup light molasses  
2 eggs, slightly beaten  
2 tablespoon melted butter  
1/3 cup brown sugar  
1 teaspoon salt  
1/4 teaspoon ground cinnamon  
1/2 cup cold milk

In top of double boiler, slowly stir cornmeal into hot milk.

Cook over boiling water, stirring occasionally, 20 minutes.

Preheat oven to 300°F.

Lightly grease 2-quart baking dish.

In small bowl, combine remaining ingredients, except cold milk.

Stir into the cornmeal mixture.

Pour into baking dish.

Pour cold milk on top, do not stir.

Bake, uncovered, 2 hours, or just until set but quivery on top. Let stand 30 minutes before serving.

### Calabacitas

2 tbsp. butter  
1 tsp. salt  
1 tsp. black pepper  
1 tsp. garlic powder  
2 cups baby squash, yellow & zucchini, sliced 1/2 inch

thick.

- 1 cup fresh corn cut off the cob
- 1 cup chopped onion
- 1/2 cup chopped tomato
- 1 can green chiles or 1/2 cup chopped fresh pepper (semi-hot)
- 2 tbsp. chopped fresh cilantro
- 1/2 cup crumbled queso fresco.
- 1 cup cheddar cheese, shredded

Place butter, salt black pepper, & garlic powder into sauté pan or skillet over medium heat. When hot, stir in the squash & onion & cook until tender-crisp. Stir in the corn, tomato & peppers. Cook about 5 minutes. Stir in the chopped fresh cilantro, cook another minute. Stir in the queso fresco. Top with cheddar cheese just before serving.

[http://www.elboricua.com/asopao\\_de\\_pollo.html](http://www.elboricua.com/asopao_de_pollo.html)

### Asopao de Pollo

- 1-1/2 cup short-grained rice
- 3 garlic cloves, pressed
- 2 peppercorns
- 2 medium onions, peeled
- 2 sweet chili or banana peppers
- 4-6 culantro leaves or 6-8 sprigs of cilantro (fresh coriander)
- 2-1/2 teaspoon salt
- 3 tablespoons plus one teaspoon olive oil
- 1 whole chicken cut into pieces
- 1/2 teaspoon oregano
- 1/2 cup tomato sauce
- 8 cups water or chicken stock
- 1 cup of frozen sweet peas
- 1 4-ounce can of whole, roasted pimento peppers, sliced
- 1 can asparagus tips

Rub the chicken with salt, pepper & oregano & one teaspoon olive oil & set aside for 30 minutes. In the blender, purée the garlic, onions, peppercorns, chili peppers



culantro & sweet peppers, with the remaining olive oil. In a large caldero sauté the sofrito purée for 5 minutes over medium-low heat. Brown the chicken pieces to seal in their flavor. Add the tomato sauce & the chicken stock or water to the chicken & bring to a boil. Cover, reduce heat & simmer for 10-15 minutes. Rinse the rice under cool running water until it runs clear. Drain the rice & stir into the soup pot. Raise the heat & bring to a boil once more. Reduce heat to medium & cook uncovered for 20 minutes, stirring occasionally. Add the peas & cook for an additional 5-10 minutes or until the asopao is as liquid or dry as you prefer. Heat the sliced pimentos & the asparagus in their juices. Drain & use to garnish each plate of asopao. (Serves 6)  
Serve with tostones....

### Mantecado de Coco

- 2 egg yolks
- 1 cup hot milk
- 1½ cups sugar
- ½ tsp. salt
- 1 cup cold milk
- 2 cups coconut milk

Beat the yolks & sugar. Add hot milk & salt. Cook this over low heat until it thickens a bit. Add cold milk & coconut milk. Freeze in ice cream freezer or - as they do in Puerto Rico - freeze in a bowl or ice cube trays.

<http://www.recipezaar.com/53643>

### Manapua

Manapua are a wonderful snack food popular in Hawaii. You can substitute Chinese BBQ pork (char siu) for the sausage if you'd like.

3¾ hours 3½ hours prep. 12 servings

#### Dough

- 2 cups lukewarm [water](#)
- 1 cup [sugar](#)
- 1 teaspoon [salt](#)
- 3 packages [dry yeast](#) (not rapid yeast)
- 8 tablespoons vegetable oil
- 7 cups [flour](#)

#### Filling

- 4 cups Chinese sausage, diced
- 1/4 teaspoon [garlic](#), finely minced
- 1 cup [bean sprouts](#)
- 1/2 cup [carrots](#), coarsely shredded
- 1 [green onion](#), chopped
- 1/2 shiitake mushrooms, sliced
- 2 teaspoons [sherry wine](#)
- 1/2 tablespoon [soy sauce](#)
- 2 tablespoons [oyster sauce](#)
- 2 tablespoons [water](#)
- 1 tablespoon [cornstarch](#)
- 1 1/2 tablespoons [sugar](#)

**Dough:** Mix dry ingredients together (including yeast). Add oil & water & mix well.

Knead dough until smooth (about 10 minutes).

Place in a large bowl; cover with a clean damp cloth & leave in a warm place to rise for about 2 hours.

**Filling:** Mix together sherry, oyster sauce, soy sauce, water, sugar & cornstarch until free of lumps.

Heat 1 T oil in a wok or pan over medium heat, add sausage & saute for 1 minute.

Add vegetables & cook until crisp tender.

Add liquid mixture & cook until thickened slightly.

Cool before using.

Divide manapua dough into 24 balls.

Slightly flatten each ball, then roll out to 4-inch disks, leaving the center of the circle twice as thick as the sides.



Place 1 T of filling in the center of the dough.  
 Gather up the sides around the filling & twist dough to seal.  
 Place with twisted side down on a 2-inch square piece of wax paper.  
 Put buns 2 inches apart in a steamer & allow to rise for another hour.  
 Steam for 15 minutes.  
 If you prefer to bake the manapua, preheat oven to 350°.  
 Set the buns 2 inches apart on a baking sheet.  
 Brush with a mixture of 1 beaten egg, water & 1/4 tsp sugar.  
 Bake 20-25 minutes until golden brown.

<http://www.twilightbridge.com/hobbies/festivals/father/recipe.htm#Brew%20Burger>

### **Brew Burger**

#### **Ingredients:**

1-1/2 lb ground beef  
 4 slices sweet onion  
 4 slices Swiss cheese  
 4 crusty white or whole wheat rolls, split lettuce

#### **Brew Sauce:**

1/4 C beer  
 1/4 C prepared steak sauce

#### **Method:**

In 1-cup glass measure, combine sauce ingredients.  
 Cover and microwave on HIGH 1 to 1-1/2 minutes or until bubbly; set aside (you could alternately heat ingredients on a stove top).

Lightly shape ground Beef into four 3/4"-thick patties.  
 Place patties and onion on grill over medium, ash-covered coals. Grill, uncovered, 13 to 15 minutes or until centers of patties are no longer pink & onions are tender, turning occasionally. Season burgers with salt if desired, after turning.

Approximately 2 minutes before burgers are done, brush generously with sauce & top with cheese.

Line bottom of each roll with lettuce; top with burger, onion & sauce. Close sandwiches & serve. Serves 4



<http://www.lhj.com/lhj/recipe/recipeDetail.jhtml?recipeId=38512>

### **Barbecued Beer Chicken**

Prep: 20 minutes Grill: 60 minutes

#### **Ingredients**

- 2 cups hickory or apple wood chips
- 4 12-ounce cans beer
- 3 tablespoons paprika
- 2 tablespoons onion powder
- 1 tablespoon ground cumin
- 1 tablespoon salt
- 3/4 teaspoon ground red pepper
- 1 1/2 teaspoons white pepper
- 1 1/2 teaspoons sugar
- 3 whole 3- to 3 1/4-pound chickens

#### **Directions**

1. Combine wood chips & one can of the beer in a small foil pan. Let stand 1 hour.

2. For spice rub, combine paprika, onion powder, cumin, salt, red & white pepper, & sugar in a small bowl. Divide & sprinkle 1 tablespoon rub into the cavity of each chicken. Sprinkle remaining rub evenly over surface of chickens. If desired, lace each chicken in a large plastic storage bag, seal & refrigerate overnight. Open the remaining 3 beer cans & stand on a work surface with chicken. Punch 2 additional holes in top of each can. Holding each chicken upright, place it over the can so that the can goes into main cavity. Pull chicken legs forward to form a sort of tripod, allowing the chicken to sit upright over can.

3. Prepare grill for indirect grilling. For gas: Drain wood chips; place chips in a small foil pan in front left-hand corner of the grill. Add 1/2 cup water. Place a large disposable foil pan in center of bottom grate. Add 2 cups water. Replace top cooking grate. Close lid & heat burners on medium, 10 to 15 minutes. To grill, adjust burner controls. Be sure to position chickens in center of grill & turn off heat source directly under the chicken. (For triple-burner grill, turn center burner off.) Cover & grill 60 to 70 minutes (reduce heat if necessary to maintain heat at 350°F.) until an instant-read meat thermometer inserted in thigh registers 180°F.

For charcoal briquettes: Open all vents. Build 2 equal piles of briquettes (30 to 50 total, depending on the size of your grill) opposite each other on bottom grate near the grates edge. Ignite & burn briquettes 25 to 30 minutes until coals are covered with a light coating of gray ash. Place a disposable foil drip pan in center of bottom grate. Add 2 cups water. Transfer chickens to center of grate over drip pan. Drain wood chips & add 1 cup chips to top of each pile of hot briquettes. Cover & grill 60 to 70 minutes, until an instant-read meat thermometer inserted in thigh registers 180 degrees F.

4. Carefully remove chickens & cans from grill. Insert a large fork into the neck of each chicken & lift the chickens, holding each can with an oven mitt to remove from chicken. Transfer to a serving platter. Serves 8

<http://www.fabulousfoods.com/recipes/dessert/cookies/ultcookie.html>

### **Ultimate Chocolate Chip Cookie**

- 1 cup butter, melted & cooled
- 1 cup sugar
- 1 cup brown sugar
- 2 eggs, beaten
- 1 cup oats (uncooked oatmeal)
- 1 cup crushed corn flakes cereal
- 2 cups flour
- 1 tsp. baking powder
- 1 tsp. baking soda
- 1/4 tsp salt
- 2 tsp. vanilla
- Options (mix & match as you like)
- 3/4 cup sweetened shredded coconut
- 1 cup raisins
- 1 cup chocolate chips

3/4 cup toffee chips

3/4 cup chopped walnuts

Makes About 3 Dozen Cookies

Preheat oven to 375° F.

In a large mixing bowl, combine oats, corn flakes, sugars, raisins & coconut. Add eggs, vanilla & melted butter. Mix till well blended. Mix in chocolate chips.

In a separate bowl, mix flour salt, baking powder and baking soda. Add flour mixture & stir until it is all incorporated into the dough.

Drop rounded tablespoons of dough onto a greased cookie sheet and bake for 12 -15 minutes or until nicely browned. Cool on a wire rack .



**Any Soldier, Any Marine, Any Sailor, Any Airmen, Any Coast Guardsman:** Send mail & care packages to soldiers who don't receive mail.

<http://www.ansoldier.com/index.cfm>,

<http://anymarine.com/>, <http://anysailor.com/>,

<http://anyairman.com/>, <http://anycoastguard.com/>



**Say Thanks To Our Troops:** Now you can send a card to show your support of our troops **for free**. Xerox has created a website full of patriotic images drawn by children. All you need to do is complete your message & send your card. It is a free service and an easy way to let our troops know that we care & that we support them.

<http://www.letsaythanks.com>

**JULY 2007**

 **National Foreign Language Month**  
4<sup>th</sup> of July

## **AN ANNOUNCEMENTS**

Cultural Competency Outreach Committee

If your clinic or agency plans to host a celebration for the month's events, please advise one of the members of the subcommittee so that we may maintain a record. In addition, we will have information regarding your event broadcast to the entire department. If you would like specific information on a given occasion please contact Minette O'Bryan.

We are confident that many of you will take the opportunity to celebrate the month's cultural events & look forward to hearing from you. Thank you.

**Outreach Sub-Committee Members:**

**Minette O'Bryan**  
**Lynn Neuenswander**

**579-8133**  
**387-7706**



## **SUPPORT OUR TROOPS!**



## **Quilts of Valor Foundation: Quilting Honor & Comfort for Our Wounded**

**Soldiers.** The mission of the QOV Foundation is to cover ALL combat wounded & injured service members from the War on Terror whether physical or psychological wounds with wartime quilts called Quilts of Valor (QOVs).

<http://www.qovf.org/>

Contact Info: **Barbara Winkler 562-925-7673**

email: [creations4u7@aol.com](mailto:creations4u7@aol.com)



[www.SupportOurRibbons.com](http://www.SupportOurRibbons.com)

# Lesbian, Gay, Bisexual, Transgender (LGBT) History

<http://www.glsen.org/cgi-bin/iowa/educator/library/record/818.html>

## LGBT History - Books

### American History

- ▽ Cowan, Thomas. *Gay Men and Women Who Enriched the World*.
- ▽ Feinberg, Leslie. *Transgender Warriors*.
- ▽ Jennings, Kevin. *Becoming Visible: A Reader in Gay and Lesbian History for High School and College Students*.
- ▽ Katz, Jonathan Ned, editor. *Gay American History: A Documentary. The Gay/Lesbian Almanac: A New Documentary*.
- ▽ Marcus, Eric. *Making History: The Struggle for Gay and Lesbian Equal Rights, 1945-1990*.
- ▽ McGarry, Molly and Wasserman, Fred. *Becoming Visible: An Illustrated History of Lesbian and Gay Life in Twentieth Century America*.
- ▽ Miller, Neil. *Out of the Past: Gay and Lesbian History 1867-Present*.
- ▽ Richards, Dell. *Superstars: Twelve Lesbians Who Changed the World*.
- ▽ Thompson, Mark. *The Advocate History of the Gay and Lesbian Movement*.
- ▽ Yamaguchi, Lynne and Saks, Adrien, eds. *Lavender Lists: New Lists About Lesbian and Gay Culture, History and Personalities*.

### European History

- ▽ Boswell, John. *Christianity, Social Tolerance, and Homosexuality: Gay People in Western Europe from the Beginning of the Christian Era to the Fourteenth Century*.
- ▽ Duberman, Martin, et al. *Hidden From History: Reclaiming the Gay and Lesbian Past*.
- ▽ Faderman, Lillian. *Surpassing the Love of Men: Romantic Friendship and Love Between Women from the Renaissance to the Present*.

### Global History

- ▽ Likosky, Stephan: *Coming Out: An Anthology of International Gay and Lesbian Writings*.

### LGBT History - Films

- ▽ *Out of the Past* (70 minutes) 1998 film tracing the emergence of gays and lesbians in American history; GLSEN published a companion teacher's guide
- ▽ *Before Stonewall* (90 minutes) History of the pre-Stonewall LGBT community After Stonewall LGBT history from the 1970s-1990s
- ▽ *The Celluloid Closet* (101 minutes) 1995 Academy Award-winning documentary examining the cinematic representation of LGBT people & themes, based on the 1981 book by Vito Russo & narrated by Lily Tomlin
- ▽ *Last Call at Maud's* Examines pre-Stonewall lesbian life through a study of a well-known San Francisco lesbian bar
- ▽ *Coming Out Under Fire: The History of Gay Men and Women in World War II* (75 minutes) Based on the book of the same name
- ▽ *The Times of Harvey Milk* (90 minutes) 1984 Academy Award-winning documentary on the life and assassination of the first gay man elected to public office in the U.S.
- ▽ *Living With Pride: Ruth Ellis @ 100* (60 minutes) Explores a century of LGBT history by documenting the life and times of Ruth Ellis, who, before her death in 2000, was the oldest living African-American lesbian
- ▽ *Common Threads: Stories from the Quilt* (85 minutes) 1990 Academy Award-winning documentary which tells the human and political history of the AIDS epidemic through the stories behind panels of the NAMES Project Quilt
- ▽ *Voices from the Front* (90 minutes) Focuses on the history of the AIDS civil disobedience movement led by ACT-UP

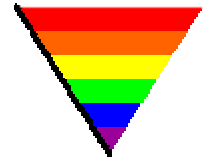
**Symbols of Pride Coloring Book** <http://www.geocities.com/WestHollywood/1606/sopcb.html>

**LGBT Rights by Country** [http://en.wikipedia.org/wiki/LGBT\\_rights\\_by\\_country](http://en.wikipedia.org/wiki/LGBT_rights_by_country)



## What Is Heterosexual Privilege?

If you are heterosexual (or, in some cases, simply perceived as heterosexual):



- you can go wherever you want and know that you will not be harassed, beaten, or killed because of your sexuality
- you do not have to worry about being mistreated by the police or victimized by the criminal justice system because of your sexuality
- you can express affection (kissing, hugging, and holding hands) in most social situations and not expect hostile or violent reactions from others
- you are more likely to see sexually-explicit images of people of your sexuality without these images provoking public consternation or censorship
- you can discuss your relationships and publicly acknowledge your partner (such as by having a picture of your lover on your desk) without fearing that people will automatically disapprove or think that you are being “blatant”
- you can legally marry the person whom you love in any state in the U.S.
- you can automatically receive tax breaks, health and insurance coverage, and spousal legal rights through being in a long-term relationship
- you can express yourself sexually without the fear of being arrested
- you can be assured that your basic civil rights will not be denied or outlawed because some people disapprove of your sexuality
- you can join the military and be open about your sexuality
- you can expect that your children will be given texts in school that implicitly support your kind of family unit and that they will not be taught that your sexuality is a “perversion”
- you can approach the legal system, social service organizations, and government agencies without fearing discrimination because of your sexuality
- you can raise, adopt, and teach children without people believing that you will molest them or force them into your sexuality. Moreover, people generally will not try to take away your children because of your sexuality
- you can belong to the religious denomination of your choice and know that your sexuality will not be denounced by its religious leaders
- you can easily find a neighborhood in which residents will accept how you have constituted your household
- you know that you will not be fired from a job or denied a promotion because of your sexuality
- you can work in traditionally male- or female-dominated occupations without it being considered “natural” for someone of your sexuality
- you can expect to see people of your sexuality positively presented on nearly every television show and in nearly every movie
- you can expect to be around others of your sexuality most of the time. You do not have to worry about being the only one of your sexuality in a class, on a job, or in a social situation
- you can act, dress, and talk as you choose without it being considered a reflection on people of your sexuality
- you can teach about lesbians, gay men, and bisexuals without being seen as having a bias because of your sexuality or forcing a “homosexual agenda” on students

*Developed by Ohio State’s Gay, Lesbian, Bisexual, and Transgender Student Services*

4th floor, Ohio Union, 1739 North High St., Columbus, OH 43210 614-688-8449, [glbtss@osu.edu](mailto:glbtss@osu.edu)

▼ **This June, WETA marks Gay & Lesbian Pride Month with an array of biographical, historical & issues-based films pertaining to the gay & lesbian experience in America.** <http://weta.org/features/gaypride.php>

▼ **The Rainbow Pride Youth Alliance is a support organization for gay, lesbian, bisexual, transgender, queer, & questioning youth & their families & friends in Southern California’s Inland Empire.**

<http://rpya.org/>

(909) 725-0417

[MoreInfo@RPYA.org](mailto:MoreInfo@RPYA.org)



The World Environment Day slogan selected for 2007 is **Melting Ice – a Hot Topic?** In support of International Polar Year, the WED theme selected for 2007 focuses on the effects that climate change is having on polar ecosystems and communities, and the ensuing consequences around the world.

## MELTING ICE - A HOT TOPIC?



© Nick Cobbing / Still Pictures

ask...



a polar bear



a farmer



an islander



an insurer



an indigenous person



yourself!



**WORLD ENVIRONMENT DAY • 5 June 2007**

World Environment Day can be celebrated in many ways, including street rallies, parades, green concerts, essay & poster competitions in schools, tree planting, recycling efforts, clean-up campaigns & much more.

On this World Environment Day, let us examine the state of our environment. Let us consider carefully the actions which each of us must take, and then address ourselves to our common task of preserving all life on earth in a mood of sober resolution & quiet confidence. <http://www.unep.org/wed/2007/english/>

How can you help? You can start by making simple little changes in your everyday life, that will amount to significant changes for our environment, such as:

If every household in the U.S. replaced just one 25 oz. bottle of petroleum based dishwashing liquid with a vegetable based product, we could save 81,000 barrels of oil (a precious, limited natural resource that will someday be depleted), enough to heat & cool 6,800 U.S. homes for a year!

If every household in the U.S. replaced just one bottle of 32 oz. petroleum based all-purpose cleaner with a renewable resource based product, we could save 6,800 barrels of oil, enough to heat and cool 390 U.S. homes for a year!

Recycling paper prevents unnecessary land filling of natural resources. In addition to saving trees, producing recycled paper uses less water & energy than paper made from trees. Post-consumer materials are those that we recycle from our homes & offices that would otherwise be placed into landfills. If every household in the U.S. replaced just one 4 pack of 400 sheet virgin fiber bathroom tissue with 100% recycled ones, we could save: 1,450,000 trees, 3.7 million cubic feet of landfill space, equal to 5,500 full garbage trucks, 523 million gallons of water, a year's supply for 4,100 families of four, & avoid 89,000 pounds of pollution!

If every household in the U.S. replaced just one bottle of 32 oz. solvent-based glass & surface cleaner with a solvent free product, we could prevent 11 million pounds of Volatile Organic Chemicals (VOCs) from being released into the environment.

**"In our every deliberation, we must consider the impact of our decisions on the next seven generations."**

**--The Great Law of the Iroquois Confederacy**

**Links to a few companies who produce non-toxic & environmentally friendly products:**

[http://www.international.com/SCAT/NATURTINT\\_2291.cfm](http://www.international.com/SCAT/NATURTINT_2291.cfm)

<http://www.seventhgen.com/>

<http://www.miarose.com/>

<http://www.bugsrdone.com/>

<http://www.bio-pac.com/>

<http://www.ecover.com/Default.aspx?nc=y>

<http://www.shaklee.com/>

<http://www.ecos.com/>

**Non-toxic Cleaning Tip:** White vinegar helps kill bacteria, mold, & viruses & can be used on everything from kitchen surfaces to toilet seats. Also removes hard water stains. However, the only foolproof way to kill food-borne pathogens such as salmonella or E coli is to use hot, soapy water to wash all cutting boards, dishes, knives, & surfaces that have touched raw meat or eggs.

How to clean your house without hurting the planet:

<http://www.grist.org/advice/possessions/2003/03/18/possessions-cleaning/>

For more info and further tips, see the Green Guide web site:

<http://www.thegreenguide.com/>



**Thanks for helping to make a difference!!!**



**E-Mail Thanks to Troops:** <http://www.defendamerica.mil/nmam.html>

**Care Packages & Troop Support** <http://www.bellaonline.com/subjects/3651.asp>

**Adopt a Platoon:** Individual Soldier Adoption, Pen-Pal Support -- Individual / Family, Adopting a Platoon or Military Company, or Supporting Service Members in a holiday support measure and/or supporting Service Members via AdoptaPlatoon™ campaigns or a onetime support measure. <http://adoptaplatoon.org/new/>

**AmericaSupportsYou:** A nationwide program launched by the Department of Defense, recognizes citizens' support for our military men & women & communicates that support to members of our Armed Forces at home & abroad. <http://americasupportsyoudil/americasupportsyoudil/index.aspx>

**Show Your Support:** Whether you want to send a care package to a soldier, donate airline miles to help reunite returning military men & women with their families, support scholarship funds or send support to wounded service members, on this page you will find over 150 non-profit organizations dedicated to helping our troops & their families. <http://americasupportsyoudil/americasupportsyoudil/help.html>

**Send Care Packages:** Multiple links on this site. [http://americasupportsyoudil/AmericaSupportsYou/send\\_packages.html](http://americasupportsyoudil/AmericaSupportsYou/send_packages.html)

**Give 2 The Troops:** This organization sends letters and care packages for free to our troops overseas. <http://give2thetroops.org/>

**Operation Hero Miles:** Donate Your Unused Airline Miles. Through a partnership with the [Fisher House Foundation](#) & individual airlines, airline tickets are available for service men & women wounded or injured in Iraq or Afghanistan or for their families to visit them in the hospital. <http://www.heromiles.org/donate.html>

**Operation Uplink:** Is a *Veterans of Foreign Wars of the United States* program that keeps military personnel and hospitalized veterans in touch with their families and loved ones by providing them with a free phone card. <http://www.operationuplink.org/>

**Soldiers' Angels:** Send care to deployed soldiers & their loved ones at home. <http://www.soldiersangels.org/heroes/default.php>



Send care packages to service members or register a loved one with our Foster-A-Soldier Program. Visit [www.treatsfortroops.com](http://www.treatsfortroops.com)

**USO:** supporter of the troops providing morale & recreational services to the troops & their families. <http://www.uso.org/>

**USO at Ontario: Ontario International Airport:** 1940 East Moore Way, West Wing; Ontario, CA 91761  
Phone: 909/390-4274 Fax 909/390-4380 Ron Dye, Director

**USO Operation Phone Home:** There is an URGENT need for phone cards. Please help deployed service members call home by donating to USO Operation Phone Home. They have sons & daughters, brothers & sisters, mothers & fathers, & friends who are with them in spirit & silently supporting them from the other side of the world. But it would mean so much to our service members to be able to hear their voices. Far from home & lonely, they are defending our flag & our freedom. The USO is working hard to bring home as close to them as possible. Please join us in USO Operation Phone Home, a campaign created to make it possible for Americans to extend this touch of home to the men & women of our armed forces. And we will continue this effort until every one comes home.

**How to Donate to USO Operation Phone Home**

• **Donate online** (<https://www.uso.org/donate/Default.aspx>) & choose the "donate to a specific program" option.





- **Via phone:** 1-800-901-1501
- **By Mail:** (with O.P.H. written in the memo), USO World Headquarters; PO Box 96860; Washington, DC 20090-6860

**Operation USO Care Package:** Sponsor a Care Package for the Troops. The United Service Organizations, Inc. (USO) is enlisting support of individuals around the world to support the troops through Operation USO Care Package. These packages are being delivered to members of the U.S. Armed Forces deployed around the world to show them they have not been forgotten & to provide a 'touch of home'.

With a donation of \$25 you can sponsor a care package and include a personal message of support & encouragement. These USO Care Packages at minimum, include requested items such as pre-paid worldwide phone cards, sunscreen, travel size toiletries, disposable camera & a message from the donor thanking them for their service & sacrifice.

Corporations interested in becoming one of our National Sponsors or interested in conducting a corporate program, please contact us at [questions@usocarepackage.org](mailto:questions@usocarepackage.org), or call 571-261-1485. There are many different ways corporations may rally around our troops. We will help design one specifically for you. <http://www.usocares.org/>

**United Through Reading:** The USO, in partnership with Family Literacy Foundation, is proud to offer the United Through Reading® program at select USO centers worldwide. This program helps deployed service men & women stay connected to the children in their lives through the medium of reading aloud. This program allows service members visiting participating USO centers to videotape themselves reading a children's book. The DVD, a copy of the book, instructions, as well as information on the United Through Reading program, are mailed to the child & family back home. All recording equipment, books & packaging materials are supplied by the USO. To donate: <https://www.uso.org/donate/Default.aspx>

**Veterans and Families:** Sacramento, California-based organization is building support services for returning veterans. <http://www.veteransandfamilies.org/home.html>

**Wounded Warriors:** Donates everything from phone cards to TVs to wounded soldiers. <http://www.woundedwarriorhospitalfund.org/>

**Angela's** best tips on making the perfect care packages for your military loved one on deployment! <http://www.geocities.com/militarycarepackage/>



**Save Money When Sending Military Care Packages:** Learn some tips to help save money when sending military care packages overseas to your military family member. <http://www.bellaonline.com/articles/art31701.asp>

**Tips for Sending Care Packages Overseas:** <http://www.bellaonline.com/articles/art9072.asp>

**OPERATION HELMET:** provides helmet upgrade kits [free of charge](http://www.operation-helmet.org/) to troops in Iraq & Afghanistan, as well as to those ordered to deploy in the near future. <http://www.operation-helmet.org/>

**Operation Homelink:** This non-profit provides free computers to parents or spouses of deployed military members to keep the communication flowing. <http://www.operationhomelink.org/>

**Military.com—Support the Troops:** Site has links to programs that offer aid to our military -- everything from care packages to emergency services to military family support. [http://www.military.com/Content/MoreContent1/?file=support\\_troops](http://www.military.com/Content/MoreContent1/?file=support_troops)

**Loma Linda VA Medical Center offers a variety of Resources & Services for our veterans.** <http://www.lom.med.va.gov/index.php?page=programs&path=veterans>

★ **Post Traumatic Stress Disorder (PTSD):** Established to treat those veterans who suffer from war-related illnesses such as flashbacks, nightmares, depression, isolation, rage, avoidance of feelings, survival guilt, anxiety reactions, & sleep disturbances. Composed of a psychiatrist, social worker & psychologist. Group therapy, individual therapy & after-care is provided. **Contact:** 909-825-7084 ext. 2005 or 2311

★ **Special Women's Trauma Recovery Program:** A significant number of women veterans have developed psychological symptoms of repeated memories, feeling detached, troubled sleep, or distress when talking about traumas experienced, as a result of traumatic experiences which have occurred or were aggravated by military service. These experiences could include sexual assault or rape, sexual harassment or life-threatening situations. **Contact:** Angie K. Tremmel, LCSW, 909-825-7084 ext. 2595

